

Example

WEEK 1 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.00 – 7.45 BREAKFAST				
7.45 – 11.00 MEDICAL INTERNSHIP SPECIFIC ACTIVITIES				
ARRIVAL	CLINIC WORK	HOME-BASED CARE	CLINIC WORK	HOME-BASED CARE
12.00 – 12.30 LUNCH				
12.30 – 13.00 PREPARATION FOR AFTERNOON ACTIVITIES E.G. LESSON PLANNING, RESOURCE GATHERING				
13.30 – 16.00 MEDICAL INTERNSHIP SPECIFIC ACTIVITIES				
INDUCTION & TOWN TOUR	HOME-BASED CARE	PREP HIV WORKSHOP & CASE STUDY	HIV WORKSHOP	CULTURAL AFTERNOON
18.30 DINNER				
FREE TIME	MOVIE NIGHT	GAMES NIGHT	NYANJA LESSON	CAMP FIRE

WEEKEND ACTIVITIES: LIVINGSTONE MUSEUM, VILLAGE TOUR, GAME DRIVE

Example

WEEK 2 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7.00 – 7.45 BREAKFAST				
7.45 – 11.00 MEDICAL INTERNSHIP SPECIFIC ACTIVITIES				
HOME-BASED CARE	CLINIC WORK	HOME-BASED CARE	CLINIC WORK	HOME-BASED CARE
12.00 – 12.30 LUNCH				
12.30 – 13.00 PREPARATION FOR AFTERNOON ACTIVITIES E.G. LESSON PLANNING, RESOURCE GATHERING				
13.30 – 16.00 MEDICAL INTERNSHIP SPECIFIC ACTIVITIES				
HIV WORKSHOP	HIV WORKSHOP	TREE PLANTING	TALK FROM HEALTHCARE PROFESSIONAL	CASE STUDY PRESENTATION
18.30 DINNER				
FREE TIME	MOVIE NIGHT	GAMES NIGHT	FREE TIME	CAMP FIRE

WEEKEND ACTIVITIES: VICTORIA FALLS TOUR
FREE TIME FOR OPTIONAL ACTIVITIES (e.g. RHINO WALK, RIVER CRUISES)