

# LIVINGSTONE COMMUNITY PROJECTS

OCTOBER – DECEMBER 2019



*African Impact*

58 VOLUNTEERS  
3050 HOURS  
11 NATIONALITIES



**AVG TEMP:**

35 °C

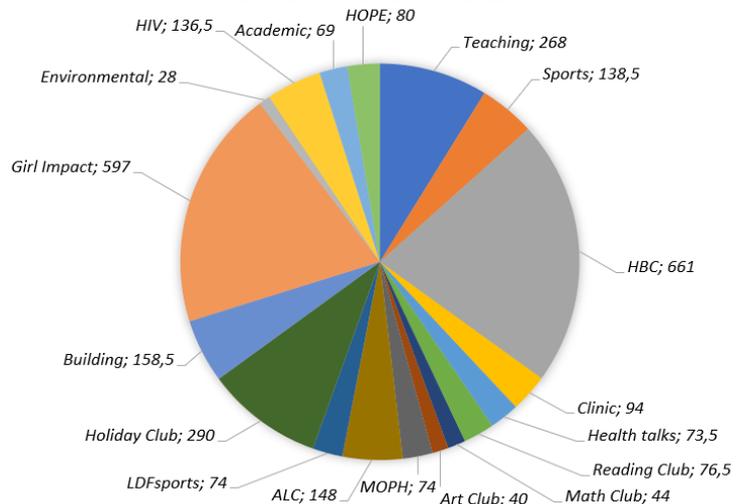


**LANGUAGE LESSON:**

“Mwamvela?”

“Do you understand?” in  
NYANJA

## HOURS ON EACH PROJECT



## What's New on the Ground?

We welcomed back Justin who was our previous sports coordinator, in December he started as one of the new managers in Livingstone!

## BUILDING PROJECT ACHIEVEMENTS

Last quarter we were able to build 4 benches, 2 at Mwandu Community School, 1 at Linda South and 2 at Libuyu East Community school with the help from our building and ultimate volunteers. These 4 benches are made of approx. 2000 eco-bricks which contains around 20 KG of plastic waste.

Our environmental sustainability intern made a curriculum for what we call our “Eco-Club”. This club is all about conservation and is held at Libuyu for grade 5 students every Wednesday afternoon.

Livingstone’s team took part in a mass clean up in Dambwa area, more than 300 community members and local businesses came together to get the job done. In just under two hours we already collected enough waste to fill up an entire flatbed council truck.

# GIRL IMPACT PROJECT ACHIEVEMENTS

Tubumbele Pamo Women's Groups has made tremendous strides this quarter. Not only have they been perfecting their sewing skills, but they have also taken a more serious stance as leaders in the community. After several lessons about activism, gender-based violence and human rights; the ladies felt confident enough to take their lessons to the community. For the first time ever our women's group taught multiple lessons about GBV at Libuyu Community School.

This quarter Women's Group 2.0 showed a great deal of mastery when it came to their women's health talk. This quarter the women have completed workshops around: adolescent learning difficulties, child development and at-home teaching methods. These ladies have worked so hard this past quarter and we are very confident that they will be successful in the upcoming year.

Both of our Grade 5 groups at Linda Community and Linda South Community School have shown that they are truly ready for the Leadership Program as they transition to Grade 6. As they move to Grade 6 they will learn more about how to become leaders and maintain a strong voice in the community.

It is a bittersweet feeling as the Grade 6 girls and Boys Club transition into Grade 7. We are so proud of these groups because they have worked extremely hard to absorb as much information as possible during this past year. We are truly grateful for having the opportunity to teach such wonderful children and we know that they will be successful in upcoming year.



## MEDICAL PROJECT ACHIEVEMENTS

Sakubita a community we do our home-based care has seen some of our long term patients improving massively as a result of our visits. A happy patient who had previously lost hope in healing is now seen all happy and ready to show off her walking sticks and exercises to medical volunteers on each new visit. This is something that we are increasingly seeing on a regular basis as we go out to various communities and is a significant example of the impact and commitment of our patients to our treatment plans.

We have also been able to incorporate capacity building workshops for caregivers. Caregivers are the primary contact to our patients within various home-based care communities and play an extremely important role in the successful implementation of our project. This was aimed at increasing and supplementing their knowledge in the most prominent health issues especially in communities we go out to treat our patients. As a result of these workshops, caregivers alongside our volunteers were given an opportunity to go out to the community and sensitize people on some of the common problems within their communities, providing an even more sustainable approach to health talks.



## FUNDRAISER SUCCESS

On Friday the 8<sup>th</sup> of November we hosted a Casino Night as a fundraiser for our Libuyu Classroom build. The backpackers was turned into a real casino where you could play different games like blackjack, sevens, roulette and the photo wall was used by lots of the volunteers to show of the dress code "Dress to Impress". The highlight of the night was the auction held by our Girl Impact Coordinator Imani who sold items such as a rhino walk, sunset cruises, massages and many more for great prices. We managed to raise almost K15.000!!!

# TEACHING PROJECT ACHIEVEMENTS

The teaching volunteers all enjoyed working with the math and English teachers at Libuyu Primary School in the months of September-November. Teachers at the school continue to improve at their ability to use a variety of teaching methods, aside from their go-to writing the textbook on the chalkboard for children to copy. The teaching volunteers have helped tremendously with this, demonstrating to the teachers with varied types of lesson presentation.

We have had medical volunteers/interns create lessons, including science experiments, for students. Even the Girl Impact Women's Group came to school to give a lesson on gender-based violence. Everyone was excited to learn from a group of women who could have been their own mothers!

As Christmas falls during this holiday club, students were able to make their family members bracelets and Christmas pop-up cards. All children also received a gift and enjoyed a fun day of free play and Christmas movies the day after Christmas. We have been able to touch the lives of over 170 children during this school holiday; children who otherwise would have had no structure or academic support during the month off of school.

This was our first time having Academic club at Libuyu. Academic club comprised of reading/math and technology club. We began by letting the children have free reading time and/or playing with unique sports equipment, as an incentive for children to come on time. Each session was broken into reading, math and technology class of about 45 minutes each. The 15 students that showed regular attendance were rewarded with a trip to the Victoria Falls, which some of them had never been!



# SPORTS PROJECT ACHIEVEMENTS

This term at Libuyu, we were able to institute sport twice a week, regardless of if we have sports volunteers or not. This is great to help us with consistency so that the teachers and students can expect it. The head teacher reported that students are more engaged on sports days. The teachers have also explained that behaviour is improving because they are able to use sports as a reward for positive behaviour. If students are disrespectful in class or have truancy problems, they might miss half or all of sports, which encourages them to turn their behaviour for the better.

This term, health club focused on body systems. The first day, all students took a pre-test on the topic. 27 students took the test and the average test score was 26%. Throughout the 12 weeks, students learned about cells, tissues, circulatory, muscular, nervous and skeletal systems. Every four weeks we had a informal assessment, made into a game for students to demonstrate their knowledge of the topics covered. Each week, volunteers helped plan the lessons based on the topics, including videos and hand-on activities. At the end of the 12 weeks, students took a post-test, quite similar to the pre-test. The average test score was 78%!!



"I thoroughly enjoyed this internship and learnt a lot about health challenges in different contexts. There was a lot of freedom to shape the internship into what I was interested in or what I wanted to pursue with the right support to make it happen. The staff are great and really lovely to work with, the challenges you face from a working environment perspective are very different to back home and give a good development opportunity."

**Carla Public Health Intern.**

## ZIKOMO, TEAM LIVINGSTONE

