

LIVINGSTONE COMMUNITY PROJECTS

JULY - SEPTEMBER 2019



AfricanImpact

93 VOLUNTEERS
3968 HOURS
13 NATIONALITIES



AVG TEMP:

32 °C

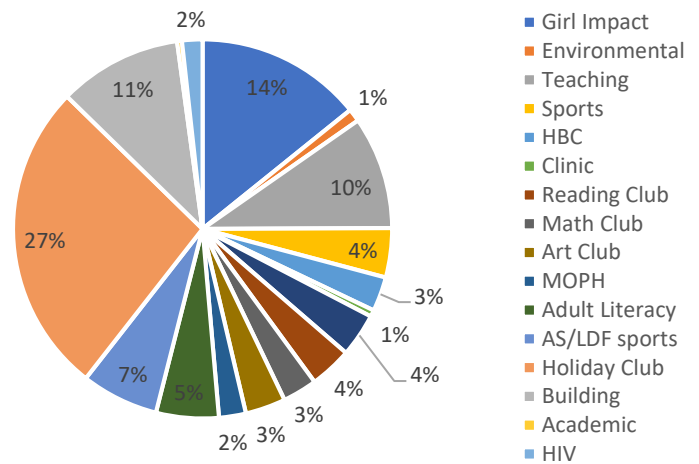


LANGUAGE LESSON:

"Ona"

"look" in NYANJA

HOURS SPENT VOLUNTEERING ON EACH ACTIVITY



What's New on the Ground?

We said goodbye to teaching and sports coordinators, Kathy and Justin, our couple from Australia, and welcomed Lisa from America as our new coordinator.

MEDICAL PROJECT ACHIEVEMENTS

Over the last 3 months, we were able to build strong relationships with our patients at Linda and Sakubita. Unfortunately, the clinical facilities in these areas are limited, so that's where we step in. We visit our patients twice a week so we can track progress of their wounds and other illnesses. They really appreciate our advice and treatment, especially because they recognize the improvement.

We also want to thank two students from our CIS group in July for fundraising money so we could buy tablets for the medical project. This makes registering and tracking the patients so much easier!!



GIRL IMPACT PROJECT ACHIEVEMENTS

- This quarter, our second women's group has been doing really well. We finally have a consistent set of women who are passionate about the group. The women are so engaged and focused on the topic that we are teaching. They have already received their certificates for completing the following courses: HIV/AIDS, Cervical Cancer, Pregnancy, Health and Nutrition, and Mental Health. We have such high hope for the future of this group.
- Both of our grade 5 girl's groups have truly been progressing this quarter. They have been learning the value of effective communication and proper public speaking skills. The girls have really come a long way this year with how they communicate with their teachers as well as each other.
- Our grade 6 groups, both boys and girls, have truly been excelling through the leadership program this quarter. Their sessions have been focusing on the health and nutrition of both the body and mind. The students have learned about the importance of maintaining a healthy diet as well as ensuring the well-being of their minds.
- Finally, after 5 years, our first women's group has a name. They go by *Tubombelle Pamo*, which means "Work Together" in Bemba. This group is still continuing to work on their knowledge around business management and income generation, but we are pleased to know that the women's business is growing faster than ever.



BUILDING PROJECT ACHIEVEMENTS

We re-opened the swap shop again, this time at Linda South Community School. Solomon and his building team taught the kids everything about plastic and how to use this for our famous eco-bricks. For every eco-brick the kids made, they got something in return, such as a pencil or notebook. The kids at Linda South made a total of 481 eco-bricks, which we used to build a bench at their school.

Together with 10 building volunteers, we finished 3 benches over the last 3 quarters. These benches were built at Mwandi Community School, Linda South Community School, and Linda Community School. All eco-bricks used for these benches are made by the school kids and local community members.

In October, we teamed up with a new organization that empowers young initiatives to hold a tree planting ceremony to highlight the importance of trees. There were 30 community members who partook in the event.



FUNDRAISER SUCCESS

On Saturday the 12th of October, our Gender Empowerment Intern and staff organized a fantastic pool party to raise money for the foundation. Everybody had lots of fun playing pool volleyball and enjoying a delicious braai afterwards. We raised about K2500!!

TEACHING PROJECT ACHIEVEMENTS

- Holiday Club ran at Libuyu East Primary School from August 5th until September 6th. Volunteers were able to plan curriculums for students in grades 1-7. Students were tested in math and reading then split into 4 ability groups: 2 for grades 1-4 and 2 for grades 5-7. Each day had either Math/Science or English/Geography. There was also one day a week where students had conversational skills/public speaking practice, where volunteers used fun icebreaker activities to get students to speak in English to one another in a less academically demanding environment. In the older grades, there was even a computer class once a week.
- In Computer Class, students were taught basic computer skills. By the end of the 4 weeks they left with an understanding of the internet, files, and Microsoft Office. For all grade 5-6 students, this was their first time interacting with, and for some, seeing a laptop. We will continue this Computer Class during the next holiday club since it was such a hit.
- Art Club at Mwandu during holidays was fun for the whole community. During the school year we only worked with grade 4, but this time we were able to invite children of all ages to participate in Art Club. We did many creative activities, but everyone's favourite was a painting class where we drew a tree step by step and then children added ideas to their tree of ways to protect the environment.
- During Health Club, we had two garbage collection days at Mwandu. Students really enjoyed walking with the volunteers to collect trash and afterwards turning them into eco-bricks.



SPORTS PROJECT ACHIEVEMENTS

During holiday club at Libuyu East Primary School, we introduced various Olympic sports to the children, including long jump, triple jump, shot put, and basketball. Each week we added another sport and spent some time practicing each.

We tracked students' progress with the selected skill of the week through checklists we kept on clipboards.

On Fridays, students demonstrated their ability with the new skill as well as previously acquired skills at the weekly Olympics. Students were split into 4-6 groups and were given either a color or animal mascot. They participated in the games and then had a relay session in which they could also gain points for their team.

After the school holidays, we are continuing with P.E lessons every Wednesday and Friday morning at Libuyu East Primary School.

"Most definitely one of the most fulfilling and enjoyable experiences I've ever had. Being able to spend 4 weeks within a structured environment where you can visibly see the impact you have and the importance of this organisation to so many individuals within the Livingstone Area."

Fraser, Volunteer

ZIKOMO, TEAM LIVINGSTONE

