

# KILIMANJARO PROJECTS

JULY - SEPTEMBER 2019



33 VOLUNTEERS  
1521 HOURS  
10 NATIONALITIES

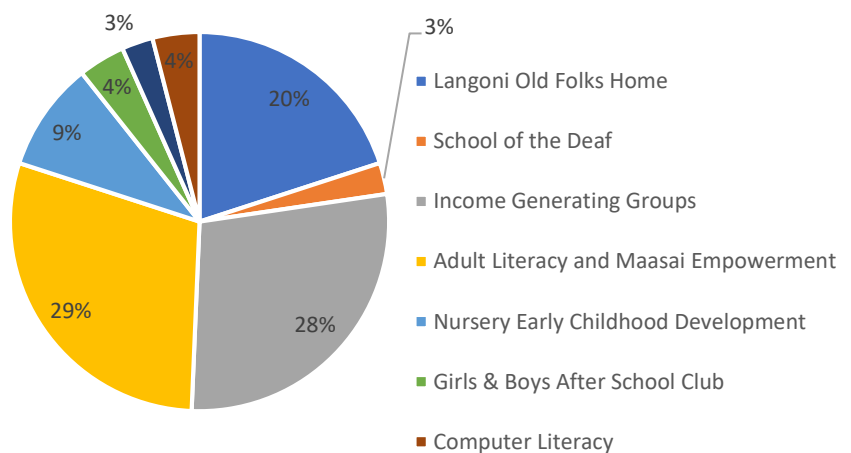


LANGUAGE LESSON:

"Umoja"

"Unity" in Kiswahili

## HOURS SPENT VOLUNTEERING ON EACH ACTIVITY



## What's New on the Ground?

- We are so excited to take on 2 former community students as Project Assistants. Both Eliwangu and Melk started as students in our community English classes and were then asked to join the African Impact team as interns. After rocking their internships, we were able to offer full time positions to them both in August.
- We've completed 5 eco benches and provided over 60 trees to our partner schools. In order to complete the eco benches at the School of the Deaf, all the staff (project staff, chefs, guards, and housekeepers) and volunteers worked together to make as many eco-bricks as possible over 1 weekend.
- Our first ever entrepreneurship intern, Eliza Lord, arrived in Moshi to support all our income generating community groups. She's been helping to develop some of the newer groups' product and business ideas, while also working on some marketing strategies for our more established groups.

## EDUCATION ACHIEVEMENTS

Our Computer Literacy course wrapped up this quarter with 11 students graduating. Throughout the course, they learned how to create presentations, documents, and spreadsheets, as well as how to use the internet.

Tyne began a 12-week facilitation training with students from our Maasai town and community classes. This will give our students the skills they need to teach or facilitate in a group setting. One of our advanced English students taught (for the first time ever) the intermediate English class.





# THE GIRL IMPACT HIGHLIGHTS

- Sango Women's Group has been fully established and they have chosen a name, Umoja Women's Group. We introduced a new women's health curriculum to the women and the women have been strongly engaged with the lessons.
- Wauki Women's Group distributed their Q2 funds. 12 women each received just over \$50 each, which is the most any women's group has received in such a small amount of time!
- We have started a new curriculum with our WAKIPA women's group around gender-based violence in Tanzania and around the world. The women were very excited to start this new curriculum and were very engaged and full of questions.
- As part of the NAFGEM Change Maker curriculum, we conducted a 2-week workshop for 14 girls on the importance of education and advocacy. Pre and post test results showed 100% of the girls stated they had the power to speak up on behalf of others and to advocate on behalf of NAFGEM, 35% were able to identify other reasons besides money for young girls not pursuing education (vs 100% post test), 21% were able to explain what advocacy is (vs 100% post test), and 57% stated they had the power to advocate for changes in policies (vs 92% post test).
- Our Wauki Men's Group has begun making sandals! During a trip to the local market, members of the group were able to buy most of the materials needed for their sandal making business venture, including leather, soles, and scissors. They have since been making the soles of the shoes and are ready to move onto the next step, which includes some leather sewing.



## AFRICAN IMPACT FOUNDATION

Our partnership with the physiotherapist at the Langoni Old Folks Home has continued with a special training for the staff about how to properly lift and how to assist various elders with their mobility. Personalized exercises have been given to the residents based on their needs and abilities.

Together with the cooks and residents of the home, we have worked to reduce the amount of salt, caffeine, and sugar in the residents' diets in order to improve their health. This has already helped lower the blood pressure for some of the Wazee.

We hosted 2 trivia nights at Secret Garden in Moshi and 1 event's night in the volunteer house this quarter, with all proceeds going toward the Langoni project. The event's night in the volunteer house included a screening of the original Lion King and lots of popcorn!

We have less than \$1000 USD to go to fully fund our 5-year physiotherapy program.



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# SOCIAL TALK: TOWN LITERACY PROJECT HIGHLIGHT

- Social Talk is a 30-minute session hosted every Thursday at Town Literacy project aimed at exploring diverse ideas and topics to help students gain extra skills and knowledge, and for us to understand their views on different aspects. In the past, we have covered topics such as cultural interaction (similarities and differences), basic financial management, and business skills. After 16 weeks of the recent curriculum, we have seen a great improvement in student's confidence and self-reliance. For the past 8 weeks, the main focus has been on presentations, which is an extension from week 5 and 6 to encourage more students to speak. We had to give less confident students multiple chances to present and the results are remarkable.
- **Upendo** from English foundation presented her speech in English. She said she spent the whole day planning and practicing the speech. This was such a good thing to see - a student known to be shy challenging herself to speak in a language new to her. **Jack**, after 3 trials finally followed the rules of presenting. He spoke louder, did not have his hands in the pockets, and maintained eye contact with the crowd. Half of his speech was in English. **Aminieli** has always been the quietest student in the class. On his 4th trial, he presented and spoke very well. He was loud and clear and stood in front for a longer time than usual. He was smiling and seemed to have enjoyed his presentation. **Radhia** spoke for the first time and spoke very well. She introduced herself confidently, stated her purpose for joining the Literacy class, and how it has helped her to learn how to read and write. Her plan is to be a nurse. When **Maurine** first spoke she was shaky and everyone could see she was nervous, but on her second trial she owned the stage and spoke confidently. 1 Maasai student in foundation Kiswahili gave a full introduction of himself and his family in English, which was amazing and surprising for everyone. He said he had been practicing the speech for weeks before he presented it and only wanted to do it in English.

## ACTIVITY HIGHLIGHT

We piloted a new Girl Impact activity for volunteers. We invited the participants of our Maasai mamas project to the house to take part in a cultural exchange. The women came in Maasai clothing and introduced each clothing garment and took part in a question and answer session that allowed the volunteers to find out more about the Maasai culture from a women's perspective, but also for the Maasai women to find out about Western culture. They also led a beading session, introduced their local medicines and their medicinal properties, and finished up with some singing and dancing.



'There is a range of projects available with African Impact and they are super sustainable, which is great from the community's point of view. The staff here at African impact really help to support projects so that volunteers act as a great addition to help push the projects forward when they are here, but it means that projects continue after volunteers leave. It is obvious that there has been a lot of time and effort invested in the structure of the various projects, and because of this, as a volunteer you can clearly see the impact the projects have on the people in the community and how much African impact is valued here in Moshi.'

**Niamh O'Gorman, Ireland (The Girl Impact Volunteer)**

Until Next Time... Moshi Team

